NINETY-NINTH ANNUAL REPORT

The Victoria General Hospital

FOR THE PERIOD FROM

JANUARY 1, 1965 TO DECEMBER 31, 1965

PRINTED BY ORDER OF THE LEGISLATURE

QUEEN'S PRINTER
HALIFAX, N. S.

To His Honour.

The Honourable Mr. H. P. MacKeen, C.D., Q.C.
Lieutenant-Governor of Nova Scotia

I have the honour respectfully to submit herewith the ninety-ninth Annual Report of the Victoria General Hospital at Halifax.

I have the honour to be.

Your obedient servant,

R. A. DONAHOE,
Minister of Public Health

The Honourable Mr. R. A. Donahoe, Q.C.
Minister of Public Health,
Province of Nova Scotia

Sir:

We have the honour to submit to you the Ninety-Ninth Annual Report of the Victoria General Hospital, covering the period January 1st, 1965 to December 31st, 1965

MANUEL I. ZIVE,

Chairman, Board of Commissioners.

101-03401/

MINISTER OF PUBLIC HEALTH

THE HONOURABLE MR. RICHARD A. DONAHOE, Q.C.

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Mrs. W. R. Cromwell, B.Sc., P.Dt., Director of Dietetics

Miss K. Kinley, Ph.C., Chief Pharmacist

Miss M. T. Gillis, B.Sc., R.N., Supervisor of Out Patient Department

R. F. Horne, Maintenance Manager and Chief Engineer

A. G. Moignard, Stores Manager

DEPARTMENTS

Department	Head of Department
Medicine	Robert C. Dickson, O.B.E., C.D., M.D., F.R.C.P., (C), F.A.C.P.
Preventive Medicine	M. R. Macdonald, M.D., C.M., D.P.H., F.A.P.H.A.
Surgery	Ian MacKenzie, M.B.E., M.B., Ch.B., F.R.C.S. (Edin), F.A.C.S., F.R.C.S.C.
Gynecology	W. R. C. Tupper, M.D., C.M., B.Sc., F.A.C.S., F.I.C.S., F.A.C.O.G., Professor of Obstetrics & Gynecology (Dal)
Urology	C. L. Gosse, B.Sc., M.D., C.M., F.A.C.S., F.I.C.S.
Radiology (Diagnostic)	J. S. Manchester, M.D., C.M.
Radiotherapy	R. M. Cunningham, M.D., D.M.R.T.
Psychiatry	R.O. Jones, B.Sc., M.D., C.M., F.A.P.A.
Neurosurgery	W. D. Stevenson, M.D., M.S., F.R.C.S. (C)
Anaesthesia	C. S. Stoddard, M.D., C.M., F.A.C.A., F.I.C.A.

Analysis of Hospital Service for Year January 1st to December 31st, 1965

Service	Patients Discharged	Per cent New	Per cent Return	Per cent Improved	Per cent Unimproved	Per cent Undiagnosed	Per cent Untreated	P. O. Infections	Number of Deaths	Per cent under 48 hours	Per cent over 48 hours	Per cent Autopsies	No. deaths under 10 days Post-op	Average days per patient
Surgical A	554	47	53	94	6	.1	.1	24	20	10	90	30	—	16
Surgical B	622	45	55	94	6	—	.4	33	17	6	94	52	—	15
Surgical C	640	43	57	96	4	—	—	9	22	8	92	35	—	14
Surgical D	718	47	53	92	8	—	—	29	45	13	87	51	6	16
Neurosurgery	743	68	32	94	6	.1	—	21	30	83	17	83	3	11
Orthopedics	225	36	64	98	2	—	.4	6	1	—	100	100	—	24
Medicine A	851	31	69	85	15	—	.1	5	111	36	64	49	2	14
Medicine B	619	37	63	89	11	.3	.4	1	53	16	84	53	2	14
Medicine C	612	49	51	89	11	.3	.3	—	43	37	63	62	—	19
Urology	826	29	71	93	7	.1	.3	18	14	7	93	71	—	12
Gynecology	1177	40	60	98	2	.5	—	7	9	55	45	77	—	7
E.E.N. & T.	467	45	55	98	2	—	.2	—	3	—	100	—	—	10
Psychiatry	132	43	57	90	10	—	—	—	—	—	—	—	—	24
Dermatology	14	14	86	100	—	—	—	—	—	—	—	—	—	18
Metabolism	193	21	79	98	2	—	—	—	—	—	—	—	—	9
Private & Semi	4659	48	52	97	3	.2	—	81	117	2	98	25	3	15
Total	13052	43	57	95	5	.1	.1	234	487	21	79	235	16	14

The Board of Commissioners,

Victoria General Hospital,

Halifax, Nova Scotia.

Gentlemen:

I have the honour to submit the Ninety-Ninth Annual Report of the Victoria General Hospital for the year ending 31 December 1965.

The Expansion Program of the Physical Plant is proceeding well and Phase III of the project is underway.

The following table is a summary of the year's work.

Number of Patients Treated (I.P., O.P. Clinic, Emergency)	35,784
Number of Patients Admitted	12,978
Number of Patients Treated in Emergency	14,276
Number of Patients Treated in Out Patient Clinic	9,933
Average Daily Occupancy	513.57
Average Hospital Days Per Patient	14.50
Total Hospital Days and Emergency	201,592
Percentage Occupancy	91%
Number Surgical Operations and Cystocopic Examinations	10,898
Total Deaths	487
Total Deaths within 48 Hours	109

During the year, Refresher Courses in certain specialties were provided for practitioners of the Province. These courses are carried on by the Dalhousie Medical School and the Staffs of the various hospitals, but are held in the Victoria General Hospital.

Full time graduate training in the specialties of internal Medicine, General Surgery, Urology, Gynaecology, Neurosurgery, Anaesthesia, Phychiatry, Pathology, Opthalmology and Otolaryngology is being carried out.

To the Planning Committee, and all those who are contributing their time and efforts towards the planning of the new construction and the renovation of the present plant, go our thanks and appreciation.

As the main teaching unit of Dalhousie Medical School, the Victoria General Hospital plays an increasingly large and vital role in the undergraduate and post-graduate training of the Medical profession.

Whatever success has been attained during the past year has been the result of the co-operation, loyalty and untiring efforts of all members of the staffs of every department making up the complex organization of the hospital. To each and every one the Administration extends its grateful thanks and wishes to emphasize its appreciation of their efforts.

The attending professional staff has given most freely of their time and skill in caring for the ward patients. To them we extend our appreciation and admiration of their fine work.

Too often, perhaps, the great role played by the hospital Chaplains and by the Clergymen of all denominations does not receive sufficient recognition. The unfailing response to all calls upon them is noted gratefully by the hospital and by the patients.

The Red Cross Blood Donor Clinic renders an invaluable service to the ill by its free supply of whole blood and plasma.

The Victoria General Hospital Auxiliary continues to render fine service to the patients and is expanding its scope of service to the institution.

The Halifax Police Department and the Halifax Fire Department have rendered service of the highest order to this institution at all time. Both Departments have responded instantly to our many calls upon them and invariably have given the greatest co-operation and efficiency in dealing with our varied problems.

Our thanks go to the Honourable Minister, the Deputy Minister and all members of the Department of Public Health for aid, advice and encouragement at all times.

May I extend my thanks to you, the Board, for your interest and your efforts on behalf of this complex organization, The Victoria General Hospital.

I have the honour to be, Your obedient servant.

C. M. BETHUNE, M.D.,
Administrator.

DEPARTMENT OF MEDICINE
ANNUAL REPORT
1965

Total Discharges

Medicine A	851
Medicine B	619
Medicine C	612
Metabolism	208
Dermatology	14
	2304

Total Consultations

266
279
286
291

1122

DEPARTMENT OF SURGERY

Number of Patients Discharged

Surgery A	554
Surgery B	622
Surgery C	640
Surgery D	718
Orthopedics	225
Total	2759

DEPARTMENT OF GYNAECOLOGY

STATISTICAL REPORT

Total number of patients admitted to the ward	1201
Total abortions	302
Diagnosed malignant diseases (new & return)	355
Total patient visits to Out-Patient Dept. (Including post-op clinic)	951
Total number of patient visits to Tumour Clinic	1261

DEPARTMENT OF NEUROSURGERY

The O.R. work showed a total of 1834 procedures, consisting of 655 major operations, 275 minor operations and 905 diagnostic procedures in addition to 284 myelograns during the year. Altogether there were 1216 admissions to the department. However, many of the patients operated upon in the department were looked after in other areas which explains the discrepancy in these figures.

DEPARTMENT OF OPHTHALMOLOGY

Clinic Patients	3,152
Private Patients	234

DEPARTMENT OF OTOLARYNGOLOGY

Number of Patients	244
Number on Surgery	148

DEPARTMENT OF PSYCHIATRY

Number of patients admitted to In Patient Service	378
Number of consultations answered from other Services	394
Number of new patients seen in Out Patient Dept.	514
Total number of patients seen in Out Patient Dept.	3,771
Total number of visits made by these patients	8,253
Total number of emergencies seen after 5:00 p.m.	461

DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Number of patients	42,171
Number of examinations	66,764
Number of miniatures	6,726
Number of examinations and miniatures	73,490

Applicants from the Atlantic Provinces for graduate training in Diagnostic Radiology have fallen off in the last two years, but there are now signs of a resurgence of interest, and it is expected that this department will be training a full complement of ten residents in 1966.

The Technical Training School has again expanded its enrollment after a year of severe cutback by the Hospital Insurance Commission. There are presently 27 students in training and all have university entrance requirements, and we are pleased with the high caliber of these students. The undergraduate activities, particularly fourth year seminars and informal sessions with the internes, are continuing. The integration of Clinical Radiology with Medicine and Surgery seems to be an improvement over th former system of a block period in Radiology.

The Clinical work of this department continues at a gradually increasing volume and complexity of diagnostic procedures. An interesting observation is the increasing number of geriatric patients undergoing extensive radiological investigation. We have the impression that the average age of patients in this hospital has increased in the past two or three years.

DEPARTMENT OF UROLOGY

The breakdown of procedures performed in the Department of Urology is as follows:

Cystoscopic and minor endoscopic operative procedures	1890
Major endoscopic operative procedures, including transurethral resections of the prostate, bladder tumors, etc.	185
Open operative procedures	343
Total	2418

DEPARTMENT OF ANAESTHESIA

Table of Anaesthetic Administrations

General	7,912
Spinal and Epidu	210
Regional	107
Total	8,229

DEPARTMENT OF PREVENTIVE MEDICINE

No. of Staff x-rayed	1,213
No. of Outpatients x-rayed—Miniature—817—Large 5,184	6,001
No. of Hospital patients x-rayed	10,445
No. of Hospital Admissions	12,977
No. of visits by New Employees	561
No. of Immunization proceedures at the Immunization Clinics	3,194
Regular Clinics	2,259
Influenza Vaccine Clinics	444
Tetanus & Polio Vaccine Clinics	70
Typhoid & Paratyphoid Clinics	421
No. of Physicals done on Dietary Staff	92
No. of Heaf Tests done on Staff	208
Salmonella Outbreak May to June 1965	
No. of Patients with Salmonella typhimurium	23
No. of Staff with Salmonella typhimurium	45
No. of Staff with Salmonella Group C1	2
No. of Staff being followed with monthly stool cultures (This does not include Student Nurses)	20
Total number of specimens sent to lab from the staff not known	
No. of Communicable diseases reported to the Medical Officer of Health	231
Salmonella	68
Veneral Diseases	92
Gonorrhoea	70

Syphilis	22
Tuberculosis	
Suspect Tuberculosis	9
Miniature x-ray follow-up	1
Infectious Hepatitis	2
Scabies	2
Meningitis	4
Gas Gangrene	1
Vaccinia Necrosum	1
Encephalitis	1

DEPARTMENT OF RADIOTHERAPY

Total Number of New Cases Treated for the Year 1965—770—of these 604 or 79% were malignant.

GASTRO-INTESTINAL TRACT	33
BREAST:	
Early cases treated radically	95
Advanced and metastatic Breast disease	17
CENTRAL NERVOUS SYSTEM:	
Gliomas	23
All other Central Nervous System Tumours	9
SKIN MALIGNANCIES	56
MALIGNANT DISEASE OF THE ENDOCRINE ORGANS	6
TUMOURS OF THE REPRODUCTIVE SYSTEM:	
Cervix, uteri	80
Corpus uteri	6
Distant metastases from these	1
Ovary	16
Other Sites	9
UROLOGY MALIGNANCIES:	
Ca. of Kidney	11
Ca. of Bladder	28
Ca. of Prostates	6
Testicular Tumours	4
LYMPHOMATA:	
Hodgkin's Disease	15
All other reticulosis	17
Multiple Myeloma	3
Leukemias	10

MOUTH AND THROAT MALIGNANCIES:	
Lip	13
Ca. in the mouth elsewhere	16
Salivary glands	4
Nasal Accessory, Sinuses	8
Nasopharynx	2
Larynx	12
Pharyngeal cancers	9
Neck Nodes with no known primary	1
RESPIRATORY SYSTEM:	
Ca. of Lung	75
Other Malignant disease in the Chest	3
SARCOMAS:	
Osteogenic sarcoma	2
Fibrosarcoma	5
Other Sarcomas	6
Unknown Primary	3
Total malignant	604

BENIGN CONDITIONS

There were **92** benign conditions of the skin treated	92
10 benign conditions belong to the Urology service	10
Benign conditions in the Mouth and Throat Region	4
Cornea region	14
Musculo skeletal	45
Total	166
Total New cases	770
RADIOSOTOPE PROCEDURES DURING 1965:	
Thyroid Uptakes	763
Thyroid Scans	284
Technetium—99 Thyroid Scans	4
Therapy with I-131 for Thyroid Disease	41
KCL04 flush	6
Body Survies for carcinoma of the Thyroid	4
Radioactive Fat Studies	17
Metabolic Albumin Turnover Studies	10

Kidney Function Studies	89
Renal Circulation Studies	74
Plasma Volumes	27
Red Cell Mass	58
Red Cell Survival	14
Spleen Sequaestration Studies	11
Spleen Scans	4
String Tests for G. I. Bleeding	4
P-32 Studies for Malignant Melanoma	1
P-32 Therapy	69
Kidney Scans	107
Liver Scans	71
Brain Scans	175
30 Min. Sodium Space	3
Bones Scans with Strontium-85	52
Metabolic Studies with Strontium-85	5
Cobalt 57 Schilling Test	152
Mercury 197 Renogram	1
For Other Malignancies	8
Eye Tumours	2
Total Number of Isotope Tests	1,639

NOVA SCOTIA TUMOUR CLINIC

TABLE I

Clinic Attendance Record for the Year 1965

Service	Old	New	Service Total
BREAST	821	110	931
HAEMATOLOGY	289	33	322
GYNAECOLOGY	1,182	79	1,261
NEURO-SURGERY	73	6	79
OPTHALMOLOGY	24	5	29
ORTHOPAEDICS	29	4	33
OTOLARYNGOLOGY	110	17	127
PAEDIATRICS	24	4	28
UROLOGY	195	27	222
SURGERY A	187	33	220
SURGERY B	163	13	176
SURGERY C	1,043	158	1,201
SURGERY D	92	38	130
TOTAL:	4,232	527	4,759

TABLE II

NUMBER NEW PATIENTS WITH MALIGNANT DISEASE 1965

Site	Number Cases	Total
BUCCAL CAVITY & PHARYNX		
Lip	32	
Tongue	7	
Mouth	11	
Salivary Glands	4	54
DIGESTIVE SYSTEM		
Esophagus	13	
Stomach	26	
Small Bowel	1	
Large Bowel	67	
Rectum	29	
Bilary Passages & Liver	1	
Pancreas	11	148
RESPIRATORY SYSTEM		
Larynx	14	
Lung	83	
Mediastinum	1	
Neoplasm of Nose, Nasal Cavities, Middle Ear & Associated Sinuses	12	110
FEMALE REPRODUCTIVE SYSTEM		
Uterine Cervix	136	
Uterine Corpus	26	
Vulva	4	
Ovary	13	
Vagina	4	183
BREAST	130	130
EYE	7	7
BRAIN & NERVOUS SYSTEM	20	20

THYROID GLAND	7	7
THYMUS	3	3
BONE	5	5
CONNECTIVE TISSUE	9	9
LYMPHOMA		
Reticulum Cell Sarcoma	14	
Lymphosarcoma	9	
Hodgkins Disease	8	
Other Forms Lymphoma	6	
Multiple Myeloma	6	43
LEUKEMIA		
Acute	9	
Chronic	15	24
SKIN		
Melanoma	10	
Other Malignant Neoplasms of Skin	103	113
MALE GENITAL ORGANS		
Prostate	40	
Testis	6	
Penis	2	48
URINARY ORGANS		
Kidney	16	
Bladder	45	61
PRIMARY UNKNOWN	38	38
GRAND TOTAL:		1,003

PHARMACY

The following tabulation pictures our work for the year covering dispensing and manufacturing:

Prescriptions dispensed to bed patients	69,786
Prescriptions to out patients and staff	28,648

Supply trays to Wards, Floors and Special Nursing Units	2,034	
Supply trays to Operating Rooms, Outpatient Department, Emergency, etc.	1,036	
Solutions made	4,200	
Lotions and emulsions made	50	gals.
Ointments Compounded	200	lbs.
Sterile Irrigating Solutions	780	gals.
Effervescent Salts, and other specialty manufacturing	50	lbs.
Special sterile injections made	75	

EMERGENCY DEPARTMENT

EMERGENCY CASES	9,320
PRIVATE CASES	1,158
RETURN VISITS	658
PATIENTS TREATED & ADMITTED THROUGH EMERGENCY	3,140
TOTAL NUMBER OF PATIENTS TREATED	14,276
AMBULANCE CALLS	2,645

BLOOD SERVICE

Blood Report Year Ending 1965

	Ordered	Used	Returned
January	823	325	498
February	826	448	378
March	895	285	610
April	1026	419	607
May	1187	518	669
June	1130	578	552
July	1145	559	586
August	1042	446	596
September	886	346	540
October	913	477	436
November	1222	553	669
December	951	436	515
	12,046	5,390	6,656

BMR AND EKG SERVICE

BMR'S:			
Ward In-Patients	23		
Private In-Patients	47		
Private Out-Patients	27		
O.P.D.	2		
TOTAL BMR'S:		99	
EKG'S:			
Ward In-Patients	4854		
Private In-Patients	1902		
Private Out-Patients	956		
O.P.D.	480		
Student Health Service	3		
Tumor Clinic	2		
TOTAL EKG'S:		8197	
TOTAL TESTS			8296

CENTRAL SUPPLY

Treatment Trays issued	111,420
Syringes individually wrapped	157,900
Syringes used on trays	21,900
Disposable 2½ cc syringes used	100,910
Disposable Tuberculin syringes used	1,335
Flasks of distilled water made up	7,070
8 oz. bottles of saline made up	3,000
3 oz. bottles of water made up	3,028

DEPARTMENT OF DIETETICS

Meals Served	
Out Patient	1,513
Diabetic Day Care	1,917
Cafeteria Meals	314,561

Ward Patients	276,781
Private Patients	171,987
Pavilion Patients	64,212
West Annex Patients	55,635
Metabolism Patients	7,784
Nurses Infirmary	3,228
Cafeteria Night	17,903
Total	985,521

Special Diets (Included In Above Count)

Ward Patients	61,410
Private Patients	40,518
Pavilion Patients	10,530
Metabolism Patients	2,150
West Annex Patients	10,245
Total	124,853

DIABETIC DIETS

Wards	17,703
Privates	9,675
Pavilion	1,005
Metabolism	1,035
West Annex	1,305
Diabetic Day Care	1,917
Total	32,640

Miscellaneous

Special Luncheons	8,363
Nourishments	196,957
Coffee	31,385
Total	236,705

REPORT OF THERAPEUTIC DIETETICS

The number of special diets on the various services is as follows:

Private Patient Service	45.8
Ward Patient Service	72.2
West Annex	10.5
Pavilion	10.5
Metabolism	2.5
	141.5

On **Private Patient Service** 7,815 patients were visited, a daily average of 21 patient visits.

On **Ward Patient Service** 3,885 patients were visited, a daily average of 10.6 patient visits.

On **Pavilion and West Annex** 1,194 patients were visited, a daily average of 3 patient visits.

On **Metabolism Service** all patients were visited at least once a day, some times more depending on requirements.

The diets can be divided into four general groups:

Ward Service

1.	Diabetic and Reducing Diets	47%
2.	Sodium Restricted Diets	13%
3.	Fat Restricted Diets	11%
4.	Gastric and Related Diets	29%

Private Service

1.	Diabetic and Reducing Diets	41%
2.	Sodium Restricted Diets	11%
3.	Fat Restricted Diets	10%
4.	Gastric and Related Diets	38%

Total number of formal diet instructions given to patients upon discharge—215.

DIABETIC DAY CLINIC

Total number of meals	1,917
Estimate of A.M. & P.M. nourishments	1,600
Estimate of H.S. nourishments	1,750
Diabetic patients assessed in Clinic as part of a Research Project	150

Trays were sent to the Kidney Unit several times a week.

Diet instructions were given to the various Clinics on request.

SOCIAL SERVICE

No. of Patients Receiving Social Service in 1965		1,792
In Patients	1,022	
Out-Patients	770	
Total Units of Service to Patients		22,298
Medico-Social Problems Treated (average per month)		
Planning nursing or post-hospital care		125
Social or Family Problems		124
Economic Problems		97
Accommodation		11
Employment		12
Transportation		31
Emotional Problem Related to Illness		54
Rehabilitation Planning		25
Individual Personality Adjustment		40
Other		30

Lectures

To Student Nurses	90
To Medical Students	72
To Social Work Students	20
Addresses to Community Groups	16
Consultative Conferences & Clinics	950
Department Staff Meetings	16

OUT PATIENT DEPARTMENT

Statistical Report for the year January 1, 1965 to December 31, 1965

Patient Visits

Number of clinic visits	32,002
Number of Private Patient visits	1,403
Total Out Patient Visits	33,405
Number of New Clinic Patients	3,449
Total Number of Clinic Patients	8,530
Total Number of Out Patients (includes clinic and private)	9,933

CLINIC STATISTICS

	Number of patients Treated	Number of patients Visits
Medical	927	3,036
Allergy	55	405
Arthritic	175	791
Chest	61	235
Dermatology	330	1,013
Diabetic	120	1,543
Diabetic Day	66	507
Diabetic Research	162	235
Endocrine	100	260
G. I.	51	110
Heart	128	440
Special Cardiac	65	108
Anti-Coagulant	34	845
Hypertension	24	185
Hematology (includes tumor)	122	203
Neurology	209	485
Psychiatry	988	8,396
Neurosurgery (includes tumor)	200	352
Surgery	1,779	4,134
Orthopaedics	346	714
Chiropody	73	258
Gynecology	437	757
Gynecology Post-Op	158	173
Gynecology Tumor	694	1,237

V. D.	173	370
Urology (includes tumor)	375	812
E.N.T. (includes tumor)	576	996
Eye and Refraction (includes tumor)	1,478	2,568
Glaucoma	195	583
Private Test Glaucoma	226	251
Total Clinic		32,002
Private Surgery		1,403
		33,405

Distribution of New Clinic Patients

City of Halifax	1,285
City of Dartmouth	317
County of Halifax	976
Other Counties	837
Outside Nova Scotia	34
	3,449

In Patients Treated

E. C. T.'s	594
Casts	20
Minor Surgery	10
Allergy Testings	16
Audiogram	12

Miscellaneous

No. of patients referred for admission to V.G.H.	1,032
No. of patients referred for admission to Childrens Hospital	78
No. of tests performed in O.P.D. Lab.	13,577

STATISTICAL REPORT TO VICTORIA GENERAL HOSPITAL—1965

Work performed by Department of Pathology for Victoria General Hospital:

Autopsies	213 cases
Cytology	18,326 cases
Clinical Chemistry	143,214 tests

Haematology	145,554 tests
Surgical Pathology	6,152 cases
Quick Sections	198 cases

SCHOOL OF NURSING

Student Enrolment:

Students in the School 31 December 1964	317	
Re-entered	6	
Transferred from another School	1	
Admitted 15 September 1965	123	
Completed course		92
Disqualified		5
Withdrew		21
Students in the School 31 December 1965	329	

Graduation:

Graduation Exercises were held in the Queen Elizabeth High School Auditorium on May 19th when 92 graduates received their diplomas. The Premier of the Province, The Honorable R. L. Stanfield was the guest speaker.